

# Friday Flyer

## May 18th – May 24th



### Saturday, May 18th

**Breakfast Club** – 9:00 a.m. – Café  
**Bible Study Group** – 9:00 a.m. – Board Room  
**Pray the Rosary** – 10:00 a.m. – Faith Chapel  
**Rummikub** – 2:00 p.m. – Lounge  
**Happy Hour** – 4:30 p.m. – Pub  
**Chef Dinner Special** – 5:00 p.m. – Heritage Room  
**Classic Movie** – 7:00 p.m. – Auditorium

~ Herb Roasted chick Quarter Leg w/Sides  
 ~ “Calamity Jane”

### Sunday, May 19th

**Catholic Mass** – 10:00 a.m. – Auditorium  
**Rummikub & Mexican Train Game** – 2:00 p.m. – Game Room  
**Happy Hour** – 4:30 p.m. – Pub  
**Supper Buffet** – 4:30 p.m. – Heritage Room

### Monday, May 20th

**Yoga** – 9:30 a.m. – Auditorium  
**Ancient Mesoamerica Revealed Series** – 10:45 a.m. – Auditorium ~ The Mesoamerican Ball Game  
**WISE** – 11:30 a.m. – Grille Room – RSVP only ~ Lessons 5&6: Substance misuse, addiction, & the older adult & An enhanced quality of life

**Shopping Bus** – 1:00 p.m.  
**Hand & Foot Game** – 1:30 p.m. – Club Room  
**Bell of Heath Rehearsal** – 4:00 p.m. – Auditorium

### Tuesday, May 21st

**Worship Service with Coffee Hour following in Club Room** – 10:00 a.m. – Chapel  
**Guided Hike** – 10:00 a.m. – Applewood Parking Lot  
**Art Group** – 10:30 a.m. – Activities Room  
**The Transformation of the West Series** – 10:45 a.m. – Auditorium ~ “Did Women Have a Renaissance?”  
**Mahjong** – 1:30 p.m. – Game Room  
**Healthy Motion Fitness** – 2:00 p.m. - Auditorium  
**Rummikub** – 2:00 p.m. – Lounge  
**Cornhole Group** – 4:00 p.m. - Auditorium  
**Happy Hour** – 4:30 p.m. – Pub  
**Taco Tuesday** – 5:00 p.m. – Dining Room

### Wednesday, May 22nd

**Fitness A - Z** – 9:30 a.m. - Auditorium  
**Shopping Bus** – 9:45 a.m.  
**Golfers** – 10:00 a.m. – Golf Course  
**Turning Points in American History Series** – 10:45 a.m. – Auditorium ~ “1919 Strikes and Bombs!”  
**Book Discussion Group** – 2:00 p.m. – Activities Room ~ “The Book Binder”  
**Oh Hell! Game** – 2:00 p.m. - Club Room  
**Pinochle** – 2:00 p.m. – Game Room  
**Happy Hour** – 4:30 p.m. – Pub  
**Chef Dinner Special** – 5:00 p.m. – Heritage Room ~ Szechuan Eggplant Stir Fry  
**Evening Program** – 7:00 p.m. – Auditorium ~ “Anthony Duke Claus - Singer”

### Thursday, May 23rd

**Balance, Core & Strength with Tonie** – 9:30 a.m. – Auditorium  
**Thursday Bell Practice** – 11:00 a.m. – Auditorium  
**Women’s Association Trip to Well Sweep Herb Farm** – Departs at 1:00 p.m.  
**Bible Study Fellowship** – 1:30 p.m. – Board Room  
**Mahjong** - 1:30 -Game Room  
**Canasta** - 2:00 p.m. – Lounge  
**Outdoor Shuffleboard** – 4:00 p.m. – Chen Court  
**Happy Hour** - 4:30 p.m. – Pub  
**Steak Night** – 5:00 p.m. – Grille Room  
**Game Night** – 7:00 p.m. – Game Room

### Friday, May 24th

#### Pool Hours 12:00 – 6:00 p.m.

**Fitness Over Fifty** – 9:30 a.m. - Auditorium  
**Shopping Bus** – 9:45 a.m.  
**Dining Committee** – 10:00 a.m. – Grille Room  
**Needle Workers Group** – 10:30 a.m. – Club Room  
**Best Oscar Documentary Short Film** – 2:00 p.m. – Auditorium ~ “Elephants Whisperers”  
**Ping Pong** – 3:00 p.m. – Game Room  
**Happy Hour** – 4:30 p.m. - Pub  
**Fish Friday** – 5:00 p.m. – Grille Room

### Week of May 19 - 25 (Week 5)

Colts/Monarchs	Tue May 21	4:00
Bluebirds/Vikings	Wed May 22	4:00
Darts/Magic	Fri May 24	2:00
Practice	Sat May 25	11:00



# *News & Information*

## Residents' Council

The **Residents' Council** is seeking candidates for the offices of **Secretary, Chair of Friendly Visitors** and **Chair of Maintenance and Operations** committees. If interested, contact Bill Blaskopf, Bea Lake, Maria Katonak or Alan Cooper.

## Employees Appreciation Fund

Just a friendly reminder to make a contribution to the Employees Appreciation Fund. Remember your Spring chores? Clean up lawn, fertilize & mulch? Shampoo rugs, clean screens, and windows? Repaint, touch up hallways? Change A/C, heating filters etc., etc. Look around and see our hard-working staff. Let that be a reminder to show your appreciation by making an early donation to the fund. The more we give now the more there will be when we make the distribution. Thank you!

## "The Friendship Table at 5:30 p.m."

Looking to enjoy dinner, but don't have a friend to come with? Join dining services "**The Friendship Table at 5:30**"! A table dedicated to those residents looking for a New Friend to dine with. Every day in the Heritage Room. Please call Dining Services for reservations at extension x5155. There are new friends out there waiting to meet you!☺

## Fitness Stretch Bands and Weights

Please note that the fitness elastic bands and weights are for use in the fitness room and all the exercise classes **ONLY**. All weights and stretch bands **must be** returned after all classes. **Also**, they are not for personal therapy use at home. Thank you for your cooperation.

## Friendship Store – Spring Cleaning Sale – Everything 50% Off

Spring cleaning sale, everything is 50% off! Come and shop with your neighbors! There are treasures waiting for you in the Store. **Also**, Friendship Store needs your Donations! We accept household items that are in good, clean, working condition. Items can be dropped off in the activities room. Please do not drop them off at the Friendship store. We are looking for items such as knick knacks, jewelry, decorative items, kitchen utensils, and purses. (NO books, DVD's, VHS, clothing. Picture frames sizes 4x6 to 30x30.) Any questions, please call Peggy at x5101. Why buy new when used will do! The store will be **open Friday, May 17<sup>th</sup>**. The hours are 10 a.m. to 4p.m.

## Passport to Adventure – Myanmar (Bruma)

Join us on **Friday, May 17<sup>th</sup> at 2:00 p.m.** in the Auditorium to view "Myanmar". Being closed off to the world for centuries, Myanmar (Burma) has now risen to the top of many travels' destination lists and is now as warm and welcoming as the ruling military junta were harsh and oppressive. Megan McCormick dives into the heart of the country to get the low down. Megan starts her journey in Yangon, then visits popular Inle Lake. She takes a bumpy train journey to Mandalay and Bagan which was once capital of the Kingdom that fully integrated Buddhism into the country. Leaving Mandalay, Megan heads far from the main tourist destinations and into the Chin State. Megan then heads to Rakhine State where, after a brief visit to the town of Thandwe, she reaches her final stop and the ultimate beach destination, Ngapali Beach. This adventure is approximate 60 minutes long.

## Bible Study Group

Never joined a Bible Study group? Why not give one a try? A group of ladies from various local churches meets twice a month, right here at the welcoming Heath Village's Board Room! Why not try it? Next one is **TOMORROW, Saturday morning, May 18, at 9 am**, when the group will be sharing Bible gold nuggets tucked into Judges chapters 6-10.

## WISE – Wellness Initiative for Senior Education – Lunch & Learn

The **last** lesson of WISE is being held on **Monday, May 20<sup>th</sup> at 11:30 a.m.** in the Grille Room. (**Few spots are still available.**) **May 20<sup>th</sup> – Week Five** – Substance misuse, addiction, and the older adult & an enhanced quality of life. If you are interested, please come, and sign up outside the Activities Office. There is a sign-up sheet available on the table. Please be sure to sign up **Friday** before each lesson so we know how much food to order. We can only accommodate **thirty residents** in this class, so please sign up early and bring a neighbor! **Also, if you have signed up and cannot make it. It is important that you let us know!**

## Guided Nature Trail walk

Come and join us on **Tuesday, May 21<sup>st</sup> at 10:00 a.m.** for a guided introductory walk on Heath Village Nature Trails. Resident guides will lead you on this slow-paced walk along the 3 main level trails with some moderate inclines. The walk will last approximately one hour with a total distance of a mile or less. A longer challenging walk will be available for those that are up for it, as well as a shorter walk if requested. Please meet us at the Applewood upper parking lot at **10:00 a.m.** Please wear comfortable closed toe shoes and bring your hiking poles if you want. A few walking sticks will be available to borrow. For questions, please call X 6121

## Golfers – Let's Par Tee!

Swing on over to the golf course on **Wednesday, May 22<sup>nd</sup> at 10:00 a.m.** We may not be pros, but we can still play. There will be a few of us getting together on the course to putt around. It's informal, just to have some fun, stop by, watch and you might want to join us for the next game!

## Book Discussion Group

Pick up the book "**The Bookbinder**" by Pip Williams in the Activities Room. A young British woman working in a book bindery gets a chance to pursue knowledge and love when World War I upend her life in this new novel from the *New York Times* bestselling author of the Reese's Book Club pick. This month we will meet on **Wednesday, May 22<sup>nd</sup> at 2:00 p.m.** in the Activities Room for a lively discussion with two facilitators. Questions, please call Daisy on ext.5103.

## Women's Association Spring Trip to Well Sweep Herb Farm

The Women's Association is sponsoring a trip to the lovely Well Sweep Herb Farm on **Thursday, May 23<sup>rd</sup>**, home of one of the largest collections of herbs and perennials in the country. Join us on a tour of the impressive culinary, medicinal, and formal herb gardens, and hear about the history of this farm, started as a family endeavor 53 years ago. Following the tour, we will move to the barn filled with thousands of dried herbs and flowers where you can create your own small basket filled with dried flowers of your choice. After you have finished your basket, you will have time to shop for plants for your own personal garden. Please be aware the grounds consist of sloping lawns and uneven bricks and paving stones. Wear comfortable walking shoes, sunscreen, and a hat. The bus will leave Heath Village at **1:00 p.m.** and return around **4:00 p.m.** It is going to be a fun filled day for all.

### Outdoor Shuffleboard Group

It's time for outdoor shuffleboard! Please join us on the lovely new shuffleboard court near Chen Court any **Thursday at 4:00 p.m.** The next game is on **Thursday, May 23<sup>rd</sup>**. Players take turns to push the discs with the special cue aiming for the target area at the other end while also trying to nudge their opponent's discs into the penalty area. It's fun, come and try!

### Pool is open!

We are excited to announce our pool will be open **Friday, May 24<sup>th</sup> from 12:00 p.m. – 6:00 p.m.** daily unless noted on Channel 1979. Glass containers are prohibited. A set list of pool rules will be displayed at the pool. Just ask the lifeguard on duty to see the list of rules if unsure. Guests are only allowed if accompanied by a resident and have signed a guest pass from the lifeguard. If the pool is closed or closing due to weather, it will be listed on Channel 1979 so please check if unsure. Please welcome back our lifeguards Isabella, Ryan, and Jason and welcome our new lifeguard, Sidney! Enjoy your Summer!

### Best Oscar Documentary Short Film 2023

#### “Elephants Whisperers”

Join us on **Friday, May 24<sup>th</sup> at 2:00 p.m.** in the auditorium to view “Elephants Whisperers”, the Oscar award documentary short film. The Elephants Whisperers made history early 2023 when it became the first Indian documentary to win an Oscar. It tells the story of a couple named Bomman and Bellie who care for an orphaned and injured baby elephant inside the Mudumalai Tiger Reserve in the southern Indian state of Tamil Nadu. The film highlights the urgent need for action and the inspiring efforts of those working to protect them. This film is approximately 41 minutes long.

### Memorial Day – Support Our Troops

On Memorial Day, we pause to honor the memories of so many brave soldiers who lost their lives defending our nation's freedom and to thank them for their service to our country. Let us also remember to show our support to our courageous troops who continue to uphold the values we hold so dear and who protect our great nation today. Thank you to our men and women in uniform.

### Memorial Day Holiday BBQ Buffet

Please join us for a holiday barbeque buffet on **Monday, May 27<sup>th</sup> at 12:30 p.m.** in the Main Dining Rooms. Please see the detailed menu attached to the flyer and call Dining Services at ext. 5155 to reserve your table before **Wednesday, May 22<sup>nd</sup>**. Let's celebrate the holiday together!

### Outdoor Patio Dining

Join Dining Services on **Tuesday, May 28<sup>th</sup>** as the Summer season begins! The start of Patio Dining & Debut of Their Summer Cocktail Menu! Patio hours starting May 28<sup>th</sup> are open **Tuesday to Sundays from 12:00 noon – 2:00 p.m. for lunch and 4:30 p.m. – 7:00 p.m. for dinner.** Please call ext. 5155 for reservations.

### Reminder Season Subscribers - New Jersey Symphony Orchestra Trip

Our next trip to the New Jersey Symphony Orchestra is scheduled for **Thursday, May 30<sup>th</sup>**. The concert is “**Epic Scores of John Williams and More.**” The bus will leave Heath Village at **11:45 a.m.** **Please remember to bring \$2, exact change, for the gratuity for the bus driver. Also,** for those subscribers who qualified for the **bonus concert**, it will be on **Sunday, June 9<sup>th</sup>** and the bus leave will Heath Village for the **3:00 p.m.** concert. Please mark your calendar, any questions, please call Daisy x5103 or Tracy x5102. Thank you!

### Hackettstown High School Choir

The Hackettstown High School Choir will be coming to Heath Village to sing on **Friday, May 31<sup>st</sup> at 1:30 p.m.** in the Great Room. This very talented group of singers will be entertaining us with a variety of songs, so please join us in the Great Room to welcome and support this wonderful group.

### Village Social - Trivia: United States Jeopardy

Come join the Village Social on **Friday May 31<sup>st</sup>, at 4:00 p.m.,** for another new game of Heath Village Jeopardy! The theme will be the United States. We will have seven categories, each category having 5 questions. Everyone in the room will have a chance to answer every question, thereby scoring their own points, and most present will have the opportunity to pick and answer a question by choosing a category and a point value. Yes, the more points, the harder the question. Your host, Bill Blaskopf, will keep the game moving. The high scorer gets to leave with bragging rights, will that be you?

#### May 18<sup>th</sup> – 7:00 p.m. – Classic Movie “Calamity Jane” – 101 mins – 1953

#### Starring: Doris Day, Howard Keel, Allyn McLerie & Philip Carey

Doris plays a bombastic rootin'-tootin' title character in this lively wonderful musical western comedy. Howard plays Wild Bill Hickok who falls in love with her when she attempts to become more “feminine”. Musical Score includes the Oscar winning ballad and big hit for Doris Day titled “Secret Love”. Cowgirl Jane and Wild Bill Hickok fuss, feud and fall in love in this funny amusing film. While Calamity Jane fights off Indians and cracks a bullwhip, she rejects attempting to becoming a lady and acts as a tomboy. Wild Bill sets his sights on a dainty chartreuse played by Allyn McLerie and ignores Calamity. Await those high stepping dances and the antics of Calamity and Wild Bill as they eventually fall in love. From Warner Brothers Pictures.

#### HEATH VILLAGE BEAUTY SALON

#### **Hours of Operation**

**Wednesday & Thursday 8:30-2:00 p.m.**

**Friday 12:30-3:00 p.m.**

**Please call to schedule appointments**

**(684 5295)**



#### **“Happy Hour” at the Paddy’s Pub**

Every Tuesday through Sunday

4:30 – 5:30 p.m.

**Village Social is the last Friday of the Month**

4:30 – 5:30 p.m.

**\$2 Beer - \$3 House Wine**

**\$3 House Mixed Drinks**

**\$1 Soft Drink**

**Let Us Make Paddy’s Pub**

**your Meeting Place!!**

